162 Mill St., 2nd Floor Williamsville, NY 14221 716-608-3775

McGill Method Personal Information

Full name	Name you wish to be called				
Street Address			-		
City State _	Zip				
Phone: Mobile)	E-Mail: ₋				
Date of birth/ Gender: M	Insurance Company:				
Occupation:	Employer:				
Who were you referred by?					
Person to contact in case of emergency		Phone			
	Primary Concern	<u>1</u>			
What brings you to my office?					
· · · · · · · · · · · · · · · · · · ·					
Date of original condition: Da	ate of most recent occurrence:	:			
Was there an event that created the condition	1?				
Have you had this or similar conditions in the	past?				
What makes it better?	, 	Worse?	····		
Is the condition getting worse?	Constant?				
Worse at a certain time of day?					
Is this condition interfering with: Work?		ty? Other?			
Please list your goals for treatment, (immedia and well-being.					
					
					

Health History

List other current health issues & problems:
List other practitioners seen, treatments, self-care activities, and results:
List illness you have had not previously mentioned, if any:
List all surgeries you have had, with dates and results:
Have you ever been in an accident or seriously injured? (if so, please describe)
List all medications, vitamins, herbs and other supplements you are now taking, the dose, and reason for taking (please bring actual bottles w/pills in with you to your appointment):
List all medications and other substances (i.e.: foods) to which you are allergic:

Family History

Please list age(s) and health p	roblems (if any); if deceased, pl	ease list age at death a	and cause of death:	
Father	Mother	Children		
Grandparents	Brothers	Sisters		
	<u>G</u>	<u>eneral</u>		
*Describe your use of: Cigarette	es/TobaccoAlcoh	nol	Other drugs	
*Describe your present exercis	e habits including frequency pe	r week, duration, and h	eart rate:	
* How many hours per night do	you sleep? * Do you fall i	right asleen? V. N.* Do	you wake up feeling refreshed? Y	
	nt without awaking? Y N * Do			I N
* Do you snore? Y N *Do	you have nightsweats? Y N	* Do you have	nightmares? Y N	
* Do you grind your teeth at nig	ght (bruxism)? Y N	* Do you have	restless legs (RLS)? Y N	
*When did you last receive the	following (leave blank if it does	not apply to you), (plea	ase remember to bring copies).	
*Cholesterol or other blo	od tests			
* Prostate Exam	*Other			

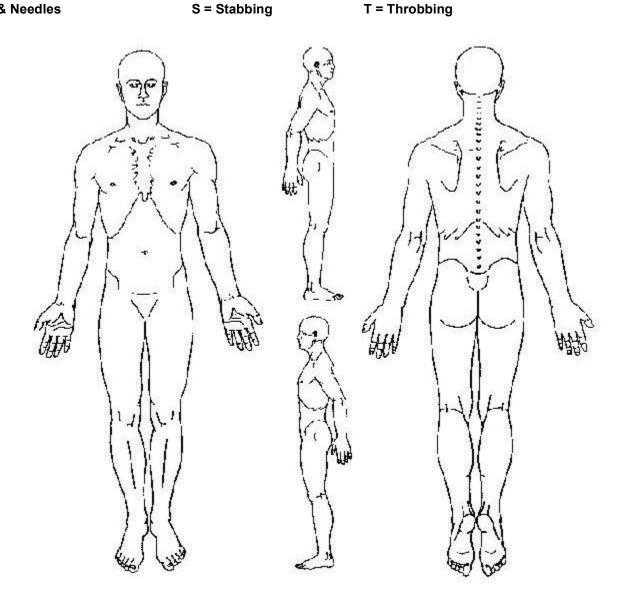
Pain Questionnaire

(Skip to the next section if you are not currently experiencing pain.)

Please place a single vertical line through the scale below at the point that best describes your pain. (0 is no pain, 10 is the worst pain imaginable)

Place the letters listed below on the diagrams to indicate the type and location of your current sensations.

A = Ache B = Burning N = Numbness O = Other
P = Pins & Needles S = Stabbing T = Throbbing



History of Injury

Please mark with an "X" all the places on your body which have ever been injured (sprains, strains, broken bones, scars from surgeries or accidents, severe bruises, falls, etc.). Please also include any tattoos and piercings, other than ear.

